

October 6, 2021

To: Medical Staff, Fellows and Residents

From: Dr. Dean Chittock Vice President, Medicine, Quality and Safety
Dr. Chad Kim Sing, Associate Vice President, Medicine, Quality and Safety
Dr. Patty Daly, Vice-President, Public Health and Chief Medical Health Officer
Dr. Jennifer Beaveridge and Dr. Brenda Wagner, VCH co-HAMAC Chairs

Subject: Influenza Immunization and Reporting

Getting the flu shot will be an important step to protect yourself and those around you. It can help keep your health care team strong and your family healthy.

A flu shot can reduce your chance of developing symptoms that resemble COVID-19 which would require you to get tested and self-isolate. This can increase wait times for test results and delay the identification of COVID-19 cases. The vaccine is the best way to protect against the flu, and flu shots for health care staff are free.

Getting a flu shot

Staff flu clinics have started.

Book your appointment at one.vch.ca/flu

- You can pre-book their immunization appointments at their preferred site location and date online.
- Appointments will be scheduled at intervals
- You will be asked to follow proper hand hygiene upon arrival
- Drop-ins will still be accommodated

The peer immunizer program starts October 12 and offers immunizations to VCH staff and medical staff at their worksite. Immunization appointments are also available at community pharmacies, [public health clinics](#) or through your primary care provider. For a list of clinics in B.C., visit [ImmunizeBC](#).

Reporting your choice: Please report whether you have been immunized or choose to wear a mask

Visit <https://flu.healthcarebc.ca> to self-report your immunization or mask status.

This influenza self-reporting site is the single reporting tool regardless of your current work site in the Province.