

Michelle Sims

NURSE PRACTITIONER, NORTH SHORE, PRIMARY CARE

Michelle is an experienced Nurse Practitioner, having been with Vancouver Coastal Health for almost 15 years. She is the Associate Head of the Department of Nurse Practitioners, as well as Nurse Practitioner Lead and a front-line Nurse Practitioner at the North Shore Health Connections Clinic.

As a dedicated leader, she works with complex, vulnerable patients as a primary care provider. Michelle is passionate about addressing the opioid overdose crisis and increasing access to Opioid Agonist Treatment (OAT) for those suffering from addiction.

With additional interests in communicable diseases, harm reduction, health promotion and illness prevention, Michelle is a champion in her field and for her patients.



What advice do you wish you'd had at the start of your career?

"It takes years to consolidate and build expertise, develop wisdom and knowledge and to navigate the system. I would tell myself: it's a long, long game. Keep your focus on the big picture and trust that you will get there. Embrace all of the experiences and the surprises that come along the way. I love my career for many reasons, but something that sticks out for me is that the further I go down this professional path, the better I understand the system and all of the interesting layers that come together to ultimately serve clients and the community at large."